

WE GET IT. WE'LL HELP YOU GET IT TOO.

# Improving Communication & Collaboration through Improvisation:

Kupe Kupersmith, CBAP

President, Senior Instructor





## Tweeting Today?

@Kupe

@B2T\_Training

**#BAOT** 

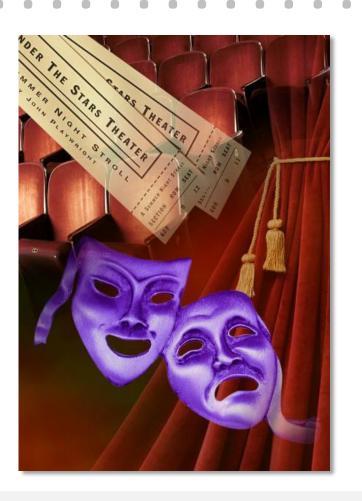


What is Improvisation?

## improv.

### What is Improvisation?

- Being in the moment
- Seeing what is present
- Responsiveness
- Spontaneity



## Why Improvisation?



## Tips for Improvisation Exercises

Don't think about what you will say.

Don't anticipate what others will say or do.

Don't worry about making mistakes.

Don't try to be funny.



Warm Up Time

## Teamwork/Collaboration

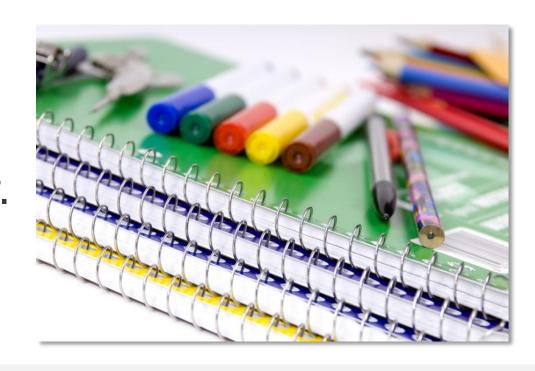


#### Quick Draw

• On a blank sheet of paper, draw a circle.

Draw a face or a character.

When done, name your character.



#### Quick Draw

Pair up and place a blank sheet of paper in between each other.

• Take turns drawing a face, one line at a time without hesitating.

• When done, name your character – take turns, one letter at a time.



## Group Juggle

• Group in a circle.

Pass the ball to each person once.

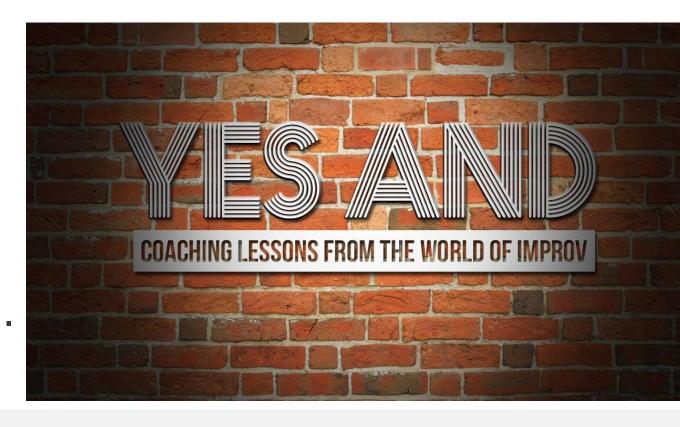
....wait for the twist!



"Yes, and..."

Pair up and have a conversation, one sentence at a time.

 Each person has to start their sentence with "Yes, and..." then add something to continue the conversation.





Being in the Moment

#### Answer Man

- Three people answer questions from the crowd...
- One word at a time.
- Goal is to make complete, logical sentences.
- Go.

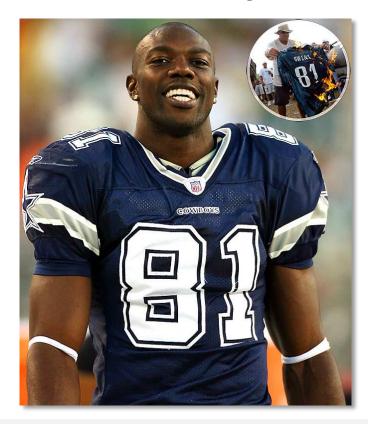


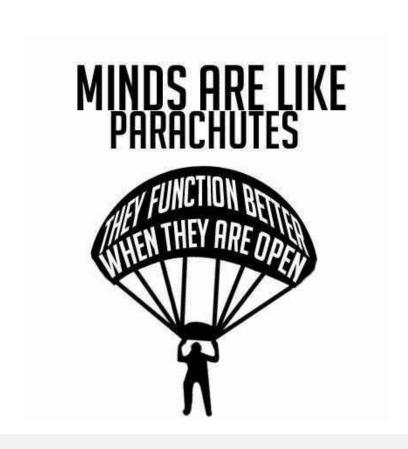
## What did you learn?



## Final Thoughts

Don't be a jerk.





## Stay Connected



kupe@b2ttraining.com



twitter.com/Kupe



linkedin.com/in/kupetheba



"Like" us on Facebook